



## Return to Youth & Adult Recreational Sports

March 3, 2021

Greetings SANCRA Members:

We look forward to having an engaging conversation with everyone regarding sports at our **ALL MEMBERS** kick off **meeting** this upcoming **Tuesday, March 9 at 11 a.m.** If you have not yet submitted your R.S.V.P. you still have time, [March 5 is the deadline.](#) Also, please take a moment to complete the [membership form](#) so we have everyone's current contact information.

The Board met with ACPHD yesterday and we talked through some areas that still needed some clarity from the Alameda County. Attached is a press release that was issued on Friday from Alameda County along with a chart ACPHD and SANCRA worked on together to help clarify some areas such as Antigen testing, passive/drop-in use, concession stands, etc.

If your agency is still digesting everything the State has released updated information related to youth and adult recreational sports, the below summary may help your agency:

- Counties that have an adjusted case rate of 14 or less (per 100,000) may begin competition for all outdoor sports on February 26
- Guidelines applies to all organized youth sports (schools and community sponsored programs), private clubs, leagues, and adult recreational sports
  - Including youth sports camps, clinics, and classes
- Face coverings are strongly encouraged during practice, conditioning, and competition, even during heavy exertion
- Face covering to be worn at all times by coaches, staff, observers, and players not actively playing (i.e. sidelines)
- Observers (only immediate household) is only for youth sports and must maintain 6-foot distance from non-household members
- No tournaments and out-of-state play
- Competition is permitted, if:
  - Teams are in the same county; or
  - Teams are in surrounding bordering counties and the respective sport is permitted in both counties
    - Bordering Alameda by Land: Contra Costa, Santa Clara, San Joaquin, Stanislaus
    - Bordering Alameda by a Bridge: San Mateo, San Francisco
- Notify county when playing teams in different counties (Alameda issued a blanket exemption – see attached)
- Only one competition per day/team
  - County exemption is required when 3 or more teams compete between each other on the same day (i.e. track/field, golf, tennis, swimming) (Alameda issued a blanket – see attached)
- Maintain 6-foot distance to the maximum extent possible for players, coaches, and staff
- Informed consent required for all outdoor high and moderate contact sports
- Antigen or PCR testing is required for football, rugby, and water polo
- Antigen or PCR testing is strongly encouraged for other outdoor high contact sports
- Sanitize equipment frequently, if shared
- Strongly encourage to only participate with one team per season

State Guidelines for Youth and Adult Recreation Sports: <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/outdoor-indoor-recreational-sports.aspx>

Thank you,

SANCRA East Bay Board  
Mike Maine, President  
Nilo Velazquez, Vice President  
Noel Munivez, Treasurer  
Cat Bravo, Secretary  
Bryan Cobb, Member at Large  
Maynard Estrellado, Past President